Are eggs, chicken & turkey SAFE to eat?

YES!

It is important to know that these strains of avian influenza are not a public health risk. Eggs, chicken and turkey remain safe to eat.

As a reminder, all egg and meat products should be cooked thoroughly to reduce the risk of any foodborne illnesses.

In every step of food preparation, USDA recommends the following four basic tips to keep food safe:

1. **Clean**
   Wash hands and surfaces often.
2. **Separate**
   Don't cross-contaminate.
3. **Cook**
   Cook to the right temperature.
4. **Chill**
   Refrigerate promptly.

Special thanks to Ohio Poultry Association for the use of this original art.